



**Jennifer Miller**  
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**Beyond IQ: How to help teens develop the social + emotional intelligence they need to navigate the college transition**

1. Why is it **critical** for your kid to be as emotionally prepared as possible before they head off to college?
2. What are some of the **key social skills** for your teen to develop?
3. How can your teen begin developing **self-awareness**, and why is it so important?
4. How can you start this conversation with your teen?