



**Lauren Gaggioli**  
Monday, July 22nd

**Insider's guide to the ACT/SAT - A step-by-step process to improve your scores**

1. What's the difference between the SAT and ACT, and which one(s) should your teen take?
2. When should your teen take MOCK standardized tests?
3. How can you determine what your teen's GOAL test results should be?
4. When should your teen begin prepping for these tests?
5. What are Lauren's top 3 test day strategies?