



Dr. Maggie Wray

Friday, July 19th

How to avoid the top 3 mistakes that make the college process more stressful

1. What are the **top 3 mistakes** to avoid during the college process?

2. What are some examples of **skills** you want to help your teen develop before they leave for college?

3. What are **your goals** as a parent for how you want to help your teen approach the college process?

4. Which parts of the college process can you step back and let your **teen** take responsibility for?

What will **you** commit to helping them with?

Where would you like to get some **outside support**?